



# Lejrelet

## Simple and efficient positioning

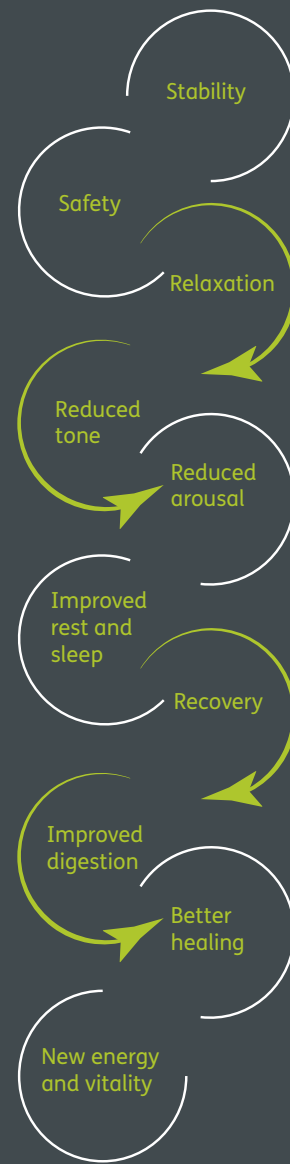
# Why is positioning important?

Providing stability through effective positioning is crucial to maximising the comfort and well-being of the service user. Positioning also plays an important part in healing and prevents against pressure ulcers and skin damage.

Care situations where positioning is of particular importance include where a service user:

- spends long periods in bed;
- has reduced mobility;
- has pressure ulcers or pressure ulcer risk;
- requires personal care tasks to be carried out in bed; or
- is restless or unstable.

A safer environment for the care-giver is also achieved as tasks can be carried out more effectively and efficiently.



Positioning of permanent bedridden service users should be a focus area in line with wounds, incontinence and nutrition!

# What is good positioning?

## Good positioning is stable positioning!

Stability is the key to good positioning, providing security and promoting relaxation. It provides better support, creating greater distribution of pressure and relieving pain. The benefits are wide-ranging, including the prevention of neuropathies and constriction of blood vessels.

A good position is ensured by having the service user's joint in a neutral position, where the joint capsule and ligaments are least tense. This requires appropriate positioning equipment.



## Achieving good positioning with LEJRELET

LEJRELET provides a simple and efficient method for effective positioning.

Consisting of just four cushions, the LEJRELET system makes it easy for caregivers to manage positioning. The size and shape of the cushions provides great flexibility, so a single cushion can be used for several purposes – both individually and in combination with others.

**BAG:**  
The complete LEJRELET set comes in a bag which is convenient for storage, transportation and trialling.



**FILLING:**  
Both the Tube and the Pad Low are filled with 100% viscoelastic foam. The pressure relieving foam provides a large support surface, good pressure relief and high comfort for the service user.

The Wedge and the Pad High are made with a core of polyurethane foam covered with 2 cm of viscoelastic foam on the top. This combination means that the cushions are firm and supportive, yet they are still flexible and provide effective pressure relief and comfort. The viscoelastic foam and the polyurethane foam are flame-retardant.

**FABRIC:**  
The fabric is carefully chosen to be comfortable against the skin and to ensure it will not slide against the sheet. The fabric is stretchable in two ways which ensures that the viscoelastic foam can work optimally. Further the fabric is:

- Waterproof
- Vapour permeable
- Anti-bacteria treated
- Anti-house mite treated
- Biocompatible
- Oeko-Tex, class 4
- Fire-retardant to crib 5

**WASHING AND CLEANING:**  
The products can be wiped with mild soap and disinfectant fluids.

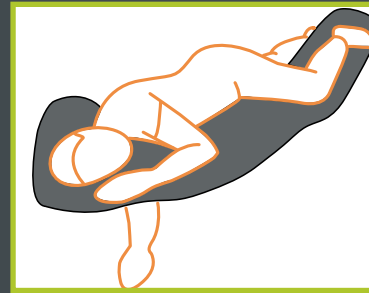


# LEJRELET Tube

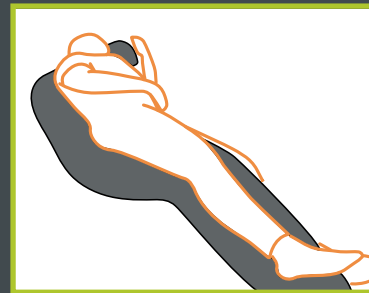
The Tube is a long, soft cylindrical cushion that, unlike many others, is filled with pressure-relieving foam granules. This makes it very stable and easy to shape – and the filling stays in place. In many positions, the weight of the Tube will provide good tactile stimuli, providing a calming effect on many users. The benefits of this extend beyond the service user – the working environment for the caregivers will be greatly improved.

**The Tube is also longer than other cylindrical cushions, which makes it possible to provide positioning for the entire body, even with taller service users.**

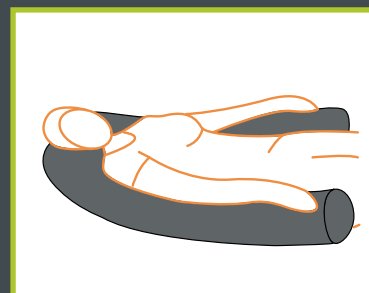
**Size:** Ø 25 x L 250 cm  
**Item no:** FEL37-105  
**Weight:** 6000 g



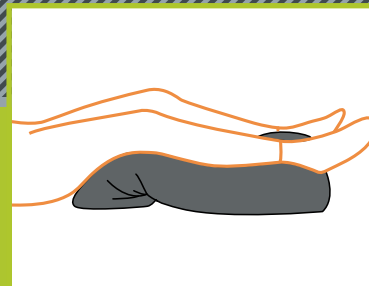
Support of the entire body in lateral position



Positioning in a 30 degree angle



Pressure relief for scapula and arms



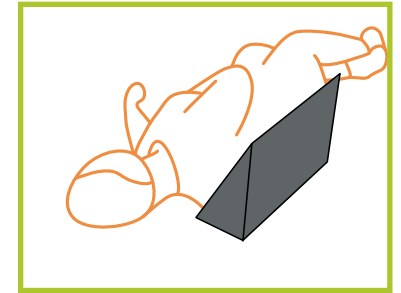
Support of legs and pressure relief of heels



# LEJRELET Wedge

The Wedge is a triangular cushion that can be used for positioning in several ways, providing stability and pressure relief. The Wedge is modelled from an anatomical view of the thorax and pelvis, ensuring optimum support when it is used, for example, for stabilising the front of the body or behind the back. This stability makes managing care much easier for the caregiver, including in wound care and hygiene procedures.

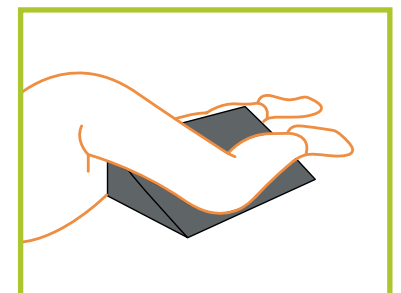
**Size:** H 15 x W 30 x L 50 cm  
**Item no:** FEL37-106  
**Weight:** 550 g



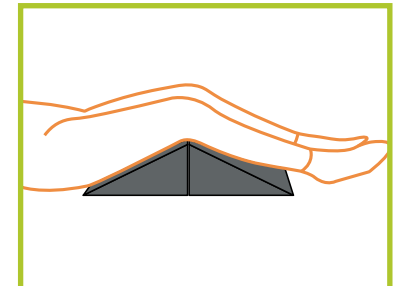
Stabilising behind the back in lateral position



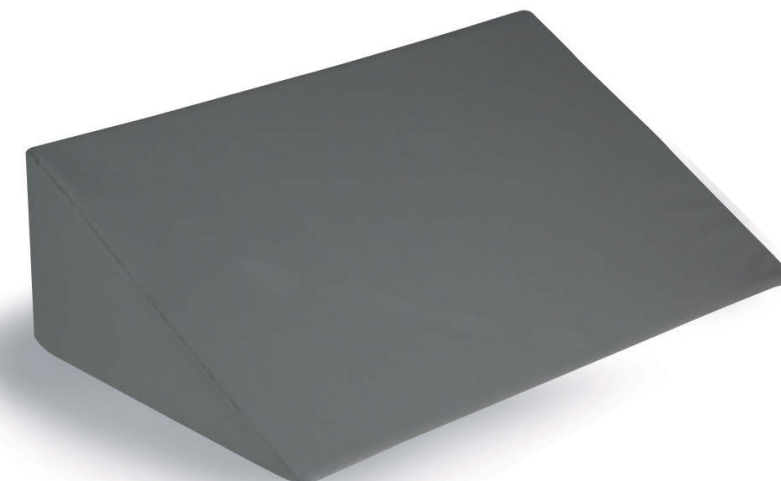
Stabilising in front of the body/trunk in lateral position



Support of leg in lateral position



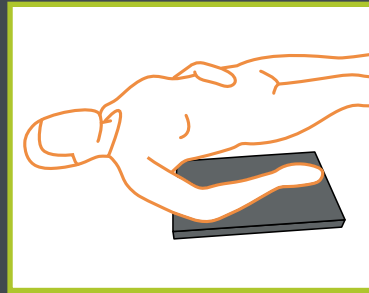
Support of legs in supine position



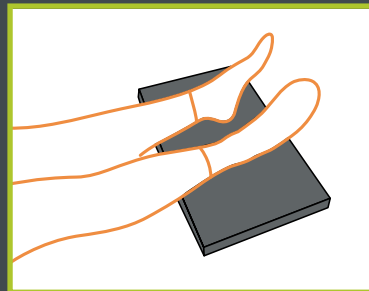
# LEJRELET Pad Low

The Pad Low is a rectangular cushion with a pressure-relieving inner, which makes it easy to shape and adapt to the service user and provides optimum comfort. The Pad Low can be used in a variety of ways – flat, coiled, bent or folded. It can also be useful for protecting the user during transfers.

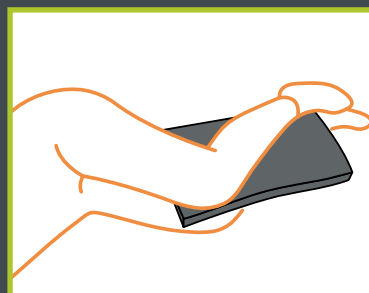
**Size:** H 4 x W 30 x L 50 cm  
**Item no:** FEL37-108  
**Weight:** 350 g



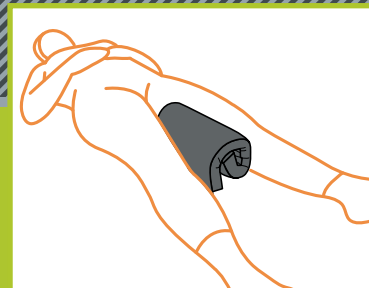
Support of arm/hand



Support of lower leg or heel(s)



Pressure relief between knees in lateral position



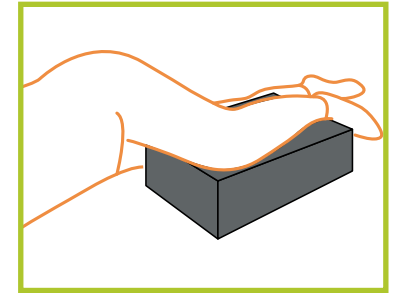
Coiled as abduction wedge



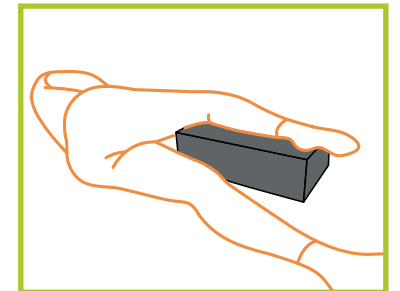
# LEJRELET Pad High

The Pad High is a rectangular cushion with a pressure-relieving inner, featuring excellent adaptability. Like the Wedge, the Pad High is modelled from an anatomical view of the thorax and pelvis. If, for example, it is used for supporting the leg in a lateral position, the hip flexion is kept neutral. This prevents lumbar rotation, compression in the hip joint and stretching of the joint capsule.

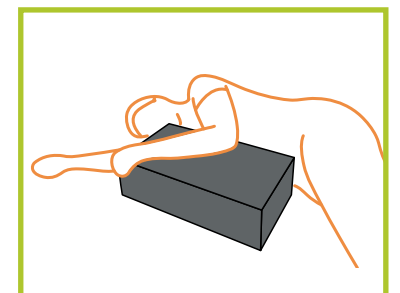
**Size:** H 15 x W 30 x L 50 cm  
**Item no:** FEL37-107  
**Weight:** 550 g



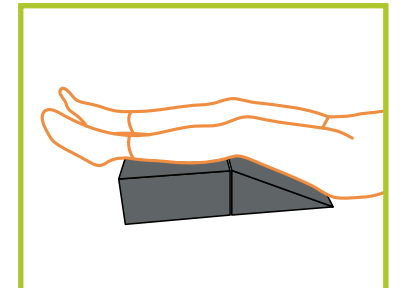
Support of leg in lateral position



Support of leg during lower hygiene



Support of arm in lateral position

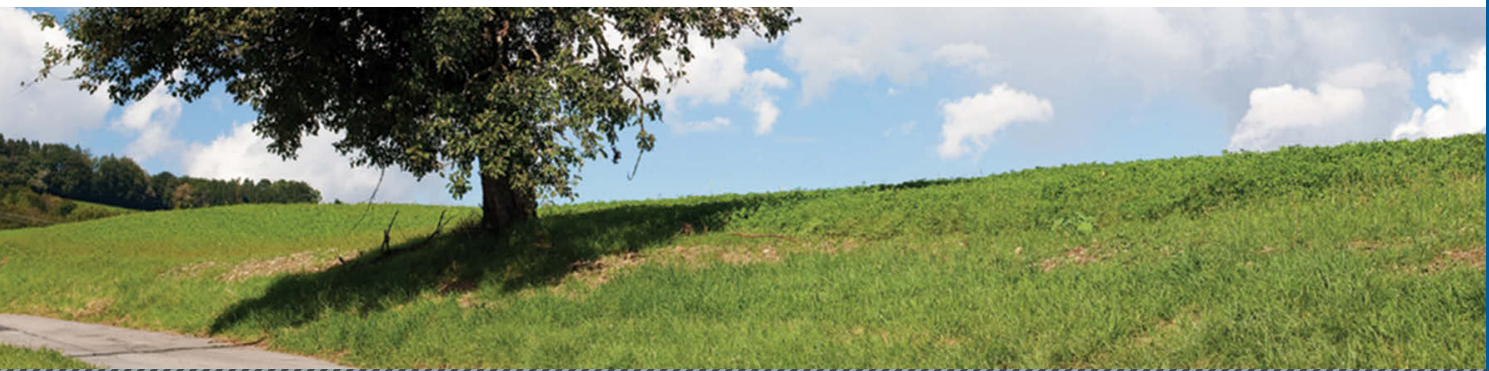


Support of legs and pressure relief of heels





Professional Care



*peace of mind*

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